

PRAYERS,
GO UP
BLESSINGS
COME
DOWN



A Collection of
Favourite Children's
Prayers
submitted by the
Children & Parishioners of
**THE COMBINED CATHOLIC
PARISHES OF CLONDALKIN**





Introduction



The most nerve racking yet enjoyable moments of my ministry as a priest is presiding at Mass or other liturgies where there is interaction with children. Inviting children to offer prayers for someone or something is akin to opening a sluice gate on a dam as the prayers gush forth with such intensity, seeking prayers for everyone from sick grandparents to a sick dog. It is the spontaneity and heartfelt petition that makes the prayers of children so refreshing and honest.

This collection of prayers submitted by children and parishioners of the Combined Catholic Parishes of Clondalkin follows on from the very successful prayer book launched last year. Many of the prayers are familiar and indeed parents and grandparents themselves may have learned the said prayers as children. Others were submitted by children and teenagers. The book includes prayers for everyday and special occasions.

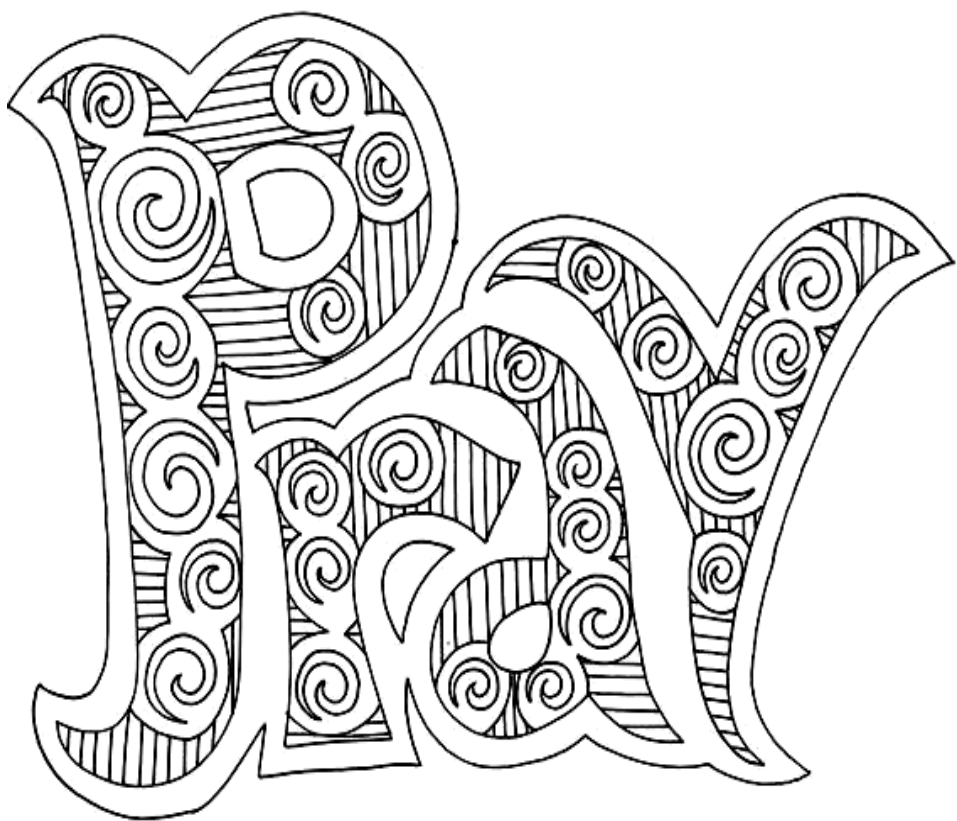
I hope children and those praying with them enjoy giving praise and glory to God.

Thank you to all who contributed prayers and to Frank Brown, Frank Mc Feely, Georgina Jameson & Anne Brett who edited the large number of submissions and helped with proofing & layout.

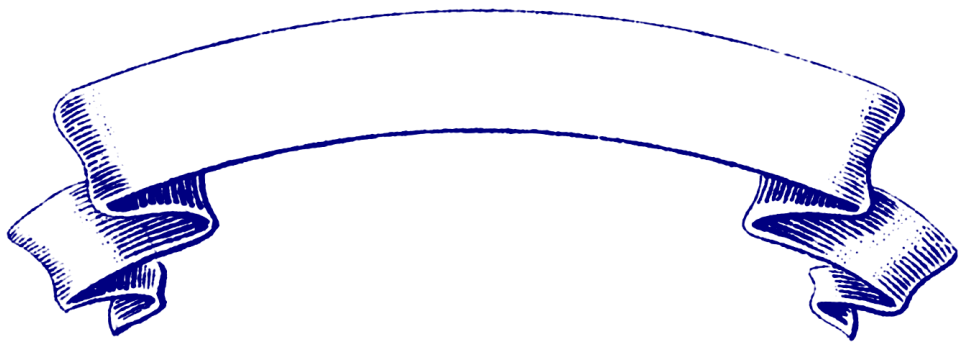
Damian Farnon

Fr. Damian Farnon
Moderator Clondalkin Group of Parishes.
April 2017





This book belongs to



First Edition 2017

Next time you are talking to God,
and you are stuck for words or
things to pray for, practice by using...

My Five Finger Prayer

Thumb: Those closest to you, your family.


Pointer: Those that
point you in the right
direction (teachers,
doctors, priests) ask
for wisdom & support.

Index: (tallest) Those
that lead us,
(Government) ask for
guidance & wisdom.

Ring: (weakest) Those
that are weak, in trouble, or in pain. We cannot
pray too much for them.

Pinkie: (smallest) Our prayers for ourselves & our
own needs.





How lovely, dear Jesus
That you care for me so.
From the top of my head
To the tip of my toe.

How lovely, dear Jesus,
That you treat us as friends
From the start of the day
To the moment it ends.

How lovely, Lord Jesus
That you hear every prayer.
From the North to the South,
In the world everywhere

How lovely, Lord Jesus
That you love with no frown..
And that our Prayers go up
And Blessings come down.!



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Morning Prayers



Now, before I run to play,
Let me not forget to pray
To God who kept me through the night
And woke me with the morning light.
Help me, Lord, to love Thee more
Than I ever loved before,
In my work and in my play.
Please be with me through the day. Amen

Lord, in the morning I start each day,
By taking a moment to bow and pray.
I start with thanks, and then give praise
For all your kind and loving ways.
Today if sunshine turns to rain,
If a dark cloud brings some pain,
I won't doubt or hide in fear
For you, my God, are always near. Amen



♥ Angel of God, my guardian dear,
To whom God's love commits me here.
Ever this day, be at my side,
To light, to guard, to rule and guide. Amen

For this new morning with its light,
For rest and shelter of the night,
For health and food, for love and friends.
For everything your goodness sends,
I thank you, dearest Lord. Amen

Dear God,
Help me spend today 
with a *Smile* on my face,
Love in my heart, 
Joy in His grace, 
and my *thinking cap* on all day.

Amen

Dear God, I thank you for this day.
Wherever I go,
Whatever I see and do,
I want to spend
This day entirely with you.
Please, dear God, come into my heart,
Our day together is already a'start.
Bless me ever and ever again!
I love you, God. Amen



*Each thought, each word, each act of mine,
Will be an act of love divine,
And everything that I shall do,
Will be, my Jesus, all for you. Amen*

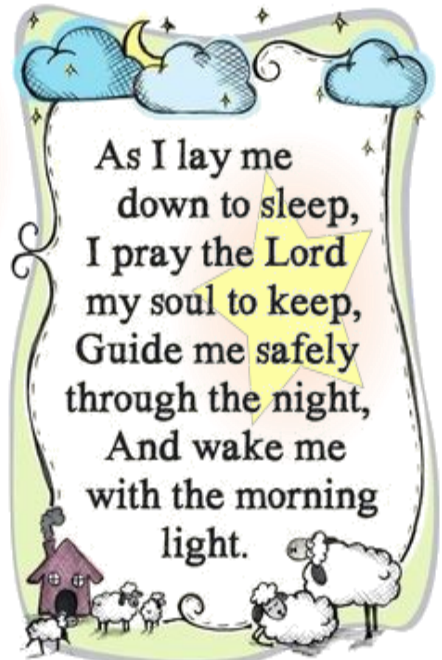
Night Prayers

Father in heaven, I have come to say,
Thank you for your love today,
Thank you for my family and all the friends you give to me,
Guard me in the dark of night,
and in the morning send your light. **Amen**



Good night God, it's time for bed,
Play is over, prayers are said,
I am not afraid of night,
Please watch over me till morning light. Amen.

Be near me, Lord Jesus!
I ask You to stay
Close by me forever
And love me, I pray.
Bless all the dear children
In Thy tender care
And guide us to heaven
To live with you there.
Amen.



THERE ARE FOUR
CORNERS ON MY BED,
THERE ARE FOUR
ANGELS ROUND IT
SPREAD,
MATTHEW, MARK,
LUKE & JOHN,
GOD BLESS THIS BED
THAT I LAY ON. AMEN



NOW I LAY ME DOWN TO SLEEP,

Thank you for ...



I pray for ...

Help me to ...

Now the light has
gone away;
Saviour,
listen while I pray.
Asking you to watch
and keep,
and to send me
quiet sleep. Amen

**Dear Father in
heaven, Look
down from above;
Bless Mum & Dad,
And those whom
I love.
May angels guard
over my slumbers,
and when the
morning is
breaking,
awake me, gently.
Amen**

AMEN.

Now I lay me down to sleep.
I pray the Lord my soul to keep.
Angels watch me through the night,
and wake me with the morning light.
Bless my friends, the whole world bless;
Help me to learn helpfulness;
Keep me ever in thy sight;
So to all I say good night.

Thank you Prayers

THANK YOU GOD



Thank
You

for the World so Sweet

Thank You for the
Food we Eat.



Thank You for the



Birds that Sing.



Thank You,
God, for
Everything.

AMEN

Thank you God for sun and rain
That makes all things grow.
Thank you for the farmers
That work to reap and sow.
Thank you for the mums and dads
That make us lovely food.
Thank you God for everything
Your world is so wonderful.
Amen

Dear God,
I'm thankful
For all You give:
For food, For love,
A place to live.
I thank you for
my family too
And I want you
to know
that I love you.
Amen

Thank You God
for all that grows,
Thank You for
the sky's rainbows,
Thank You for
the stars that shine,
Thank You for
these friends of mine,
Thank You for
the moon and sun,
Thank You God
for all You've done!



Dear God,
You made a beautiful world,
With sun so warm and light.
With grain and fruit to nourish us,
With streams so clean and bright.
Help us to care and keep it safe,
With wisdom, thought and deed.
With respect for all it offers us
With generosity, not with greed.
We pray for those who suffer,
With lack of rain for crops.
With hunger and such poverty,
With war, grief and loss.
Guide us, as we work and play,
With strength to learn and share.
With grace to enjoy all we have,
With courage to change the world.

Amen.



Dear God,

*I want to take a minute,
not to ask you for anything,
but to simply say*

THANK YOU

for all I have.

Thank you for my Mummy,
Thank you for my Daddy
Thank you for my friends
and their love that
never ends.

Thank you, God,
for eyes that see
and for a life that
I can be free.
Thank you, Lord,
for ears to hear
and for your word
that I hold dear.

Thank you for
my feet to walk,
thank you for
my mouth to talk.

Thank you for
the warm sunshine,
thank you, Lord,
for being mine.

Before I end this prayer
with 'amen',

I would like to ask you again.

To watch over all
of those I love

and send down your
blessings from up above.

Amen

Round this table, here to pray. First we thank you for the day.
For our family and our friends, gifts of grace that heaven lends,
Living water, daily bread. Countless blessings our God sends.
Thank you, Jesus, for them all. For the great ones and the small
When we're happy, when we're sad. On the good days and the bad
We are grateful, we are glad. Amen

Meal time Prayers

God IS GREAT
IS GOOD

AND WE thank HIM

For our **FOOD**

by **His** hands

we are fed

thank you God

FOR DAILY BREAD.

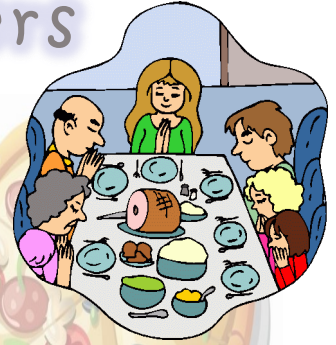
amen

Thank you God
for the food we
have eaten, thank

you God for all
our friends.

Thank you God
for everything,
thank you God,

Amen



Dear God,
Thank you for
this day,

For fun, friendship
and family.

We give thanks
for this meal
and share our lives
always with you.

Amen

Bless the **Food** before us,
the **Family** beside us,
and the **Love** between us.

Prayers we learnt in school



Sign of the Cross

Bring right hand to forehead, chest, left then right shoulder.
In the name of the Father, and of the Son, and of the Holy Spirit.

Amen

Our Father

who art in heaven
hallowed be thy name;
thy kingdom come;
thy will be done on earth
as it is in heaven.
Give us **this day** our daily bread
and **forgive us** our trespasses
as we **forgive** those
who trespass against us;
and lead us not into temptation
but **deliver us** from evil.

Amen

Hail Mary

full of grace
the **Lord is with thee**.
Blessed art thou among women
and **blessed** is the fruit
of thy womb **Jesus**.
Holy Mary, Mother of God
pray for us sinners,
now and at the hour
of our death.

Amen

Glory be

to the **Father**
and to the **Son**
and to the **Holy Spirit**
as it was in the beginning
is now
and **ever shall be**
world **without end**.

Amen

Come Holy Spirit, fill
the hearts of your
faithful and enkindle in
them the fire of your
love. Send forth your
Spirit and they shall be created.
And you shall renew the face of
the earth. Let us pray.
O God, who has taught the hearts
of the faithful by the light of the
Holy Spirit, grant that by the same
Spirit we may be truly wise and
ever rejoice in his consolation,
through Christ our Lord. Amen



Prayers for School



DEAR FATHER.

WE PRAY OUR SCHOOL WILL BE FILLED WITH LOVE

WE PRAY OUR LEARNING WILL BE FULL OF TRUTH

WE PRAY OUR PLAYGROUND WILL BE FULL OF JOY

WE PRAY OUR FRIENDSHIPS WILL BE

FULL OF FORGIVENESS

WE PRAY OUR TEACHERS WILL BE FULL OF WISDOM

WE PRAY OUR COMMUNITY WILL BE FULL OF HOPE

MAY WE RUN WITH YOUR LOVE

BUILD ON YOUR TRUTH. PLAY WITH YOUR JOY

SHARE YOUR FORGIVENESS.

REST IN YOUR WISDOM EVERY DAY.

AMEN



Lord Jesus, You understand the difficulties we face, and the pressure I am under right now.

I ask that you guide me as I take this test,

So that I may do my best.

Open my mind, clear my thoughts, relax my

mind and body and grant me perfect

concentration, so I may use the knowledge I

have gained to build up your kingdom,

for the good of all. Amen

Holy Spirit, be
with me today
in school.
May I listen
well and learn
much. May I
work hard and
do my best.
May I grow in
understanding
of myself,
others, and the
world you have
created.
Amen

Lord, as I prepare to sit my
exams send your Holy Spirit
to guide me & be with me.

Thank you for the many
talents & gifts you have
given me & for the
opportunity of education.

Keep me calm.

Help me do the best I can
on the day of my exam.

Help me to remember all
that I have studied,
to express it clearly & to
answer the questions
as best that I can.

Give me peace,
understanding & wisdom.
Be with me today & always,
Amen

God of Light and Truth, thank you for giving me
A mind that can know and a heart that can love.

Help me to keep learning every day of my life,
for all knowledge leads to you.

Let me be aware of your presence In all things and at all
times. Encourage me when work is difficult and when I
am tempted to give up; Encourage me when my brain
seems slow and the way forward is difficult.

Grant me the grace to put my mind to use.

Exploring the world you have created,
Confident that in you there is a wisdom
that is real. Amen



Prayers for... friends & family

I love you, Mom.

*I love your aliveness, your joy
in living, your listening, your
understanding,
your giving.*

*And what I love best of all
is that you love me.*

*God of all Mothers,
thank you for my Mom!*

Father, Thank you for my family. I ask that you bless them with Your favour.

Provide for all of their needs. I ask You to protect them from harm and evil.








Surround them in the shadow of Your wings.

Go before them and prepare the way for them.

If any path is crooked, I ask you to make it straight.

Bring Your perfect peace to their hearts. Amen

Thank you for my Daddy, and everything he does for me. Help him to have; patience when I am difficult, wisdom when I can't see the way, a smile when I am feeling down, energy when I want to play, strength when I need comforting, and love at all times let him always know how much I love him, even when I forget to tell him. And Lord, please take care of all dads. Though they are brave and protective, they must also be frightened sometimes. When money runs low and when we need things, Lord, when their hearts break because they can't do it all; Please help us to let them know how much we love them, how much we need them to be an example to us and how much You love them. **Amen**

Thank you God for grandparents. 
I'm happy I have them.   
I'm happy I'm so blessed.  
I don't ask for anything else.
They are nice to me every day.
They hug me tight.
Thank you God for grandparents. 
Amen.



I praise you dear Grandparents. I love you
so much my love will never fade. You give
me joy when I am down and I have you
when I cry. I love my Grandparents.
God put a hedge of protection around
them and care for them as they do to you.

Wrap them in your love and
hold them tight so they
will never get a fright.
Amen.



I LOVE
MY
FAMILY!

My prayer is for all people who have died. I pray that they are happy in heaven. I pray for the families who have lost someone. God give them the heart & strength to go on. Amen

Thank you God for all my family and friends.

Thank you God for all the people around me.

Please God help my family get better and become closer.

And make my family happy.

I love you God,

I really do.

My family is better because we believe in you. Amen

Dear God I pray for my family members who have died

I hope they have the best beds in heaven because

I love them so much.

I pray for all my family who miss them.

I pray for the poor. I pray for me.

I pray for my family. I pray for everyone in need. Amen

Dear God, thank you for my family,
my home, and my pets.

Some children don't have these things.

Help me know how I can share with
someone. And help me know how to
show them you love them. Amen



Dear Jesus, thank you for giving me friends. I'll try to be a good example to my friends so that we can all love you and Your Blessed Mother better. Help me, dear Jesus, to be kind to my friends. Help me to share. Help me not to be mean but to be kind. I want to help others to be happy by being happy myself. O guardian angel of mine, guide me so that I may always be fair with my friends. Speak to the guardian angels of my friends for me so that we all may be good and full of joy. Amen

I say a prayer for my friend ...
You have blessed us, O God, with the gift of friendship,
the bonding of persons in a circle of love.

I thank you for such a blessing:
for friends who love me,
who share my sorrows, who laugh with me in celebration,
who bear my pains, who need me as I need them,
who weep with me when I weep, who hug me when words
fail, and who give me the freedom to be myself.

Bless all my friends with health,
wholeness, life, and love. Amen

Our friendship is like a living
steady soft rain.



It's not so harsh that it will destroy.
Yet it is not so soft that it goes unnoticed.

Our friendship is growing in your grace.
Please bless our friendship, and keep it holy
at all times. friendship is a gift from you,

Lord, and we thank you.

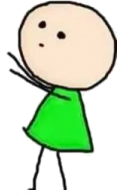
May our friendship always produce the fruits
of the spirit.

And may the soft rain of
our friendship
nurture the heart forever.



Amen

Prayers for Myself



God wants me to be myself
For He created me this way,
And since God made me who I am,
Myself I'm quite content to stay.

In His eyes I'm good enough -
It matters not what others say;
I need not act as if I'm tough
Or copy other children's ways.

God doesn't care if I'm not cool or
If I'm not stronger; for God's no fool;
With him beside me every day,
I can make a difference in what I do and say.

Though I am still young and small
In Jesus Christ I'm strong and tall;
So when people look at me
May it be God's own Son they see. Amen

God
Designed me.
Created me.
Blesses me.
Heals me.
Defends me.
Forgives me.
Loves me.



Before each day I'll remember to pray,
that we be safe at school & play.
I'll pray at night, for it is right,
Then I'll fall asleep in God's light.
All through the day, I'll remember to
pray, and I know that Jesus
will guide my footsteps each day.

Love God. Love People. Make a Difference!



Footprints in the Sand



The Lord is always with you
Each and every day.



His footprints are there next to yours
to guide your every way.

And as you play lively in the sandbox
building castles in the sun,

One day you may just notice

The set of footprints is now one.

But do not fret or worry.

He would never do you harm.



It's just that He
has picked you up



and carried you in His arms.

PLAY



ARTWORK BY ANTOINETTE PRINTELLI

LORD
Help me
love,
help me
care,
help me
smile,
help me
share.
Help me
give,
help me
grow,
help me
laugh,
help me
know.
Amen

LOVE

Prayers for Special Occasions



God our Father, You have created us to strive to be the best that we can be in all that we do. Grant to all athletes, trainers, and fans, strength to do their best during this event. We pray for the safety of these athletes; protect them from injury and harm. And finally, we pray for your grace, that you will give us the endurance and courage to run our race with you at our side. Amen



wee little one...



may you always walk in sunshine.
may you never want for more.
may irish angels rest their wings,
beside your nursery door.

Lord, It's my birthday.

Let it be a reminder to me of all the gifts and blessings I have received from You this day and all the days of my life.

Today I thank you for my life and all of my blessings and ask for another year filled with Your presence in my life that I may continue to grow in your love. Amen



Dear God, is very sick.

If I wanted one thing in the world I would pick healing for I love him/her so much.

It's all I want in the world. Please be with them.

Amen



God, please help me with the move,
so far away from here. Help me
make some new friends that
are just like the one's I have now. Help me to get
adjusted and to have fun again.
Please, be with me and
keep my family safe as we move. Amen

God, I am sad because my friend is
moving away. I'm afraid I won't
ever be happy again. I need
comfort on that day. So could you
be at my side on the very last day? Amen



No more homework, no more tests.
No more getting up for school.
No more book reports or studying.
My summer holidays begin today!
I'm so happy and I'm so free.
I want to read and get up late.
I want to ride my bike and swim.
I want to play more with my friends.
Please bless my holidays, dear God.
Keep me safe and happy. Amen

happy
holidays!

Gentle St. Francis,

I love my pet, _____. I know you love animals, too. Thank you for all the joy and friendship it gives me. May God bless and take care of all animals. Amen.



"Tony, Tony, turn around.

Something's lost and must be found."

St. Anthony, I know that you are the saint people pray to when they've lost something. What a job you've got!

I lose things all the time!

I'm told that I'm "gifted" at losing socks, homework, library books, my glasses, and other stuff. But this time, the thing I lost is really important.



Help to find

I'm pretty upset and nervous. I've been praying that my search will have a happy ending. Please help me to be patient, to trust in God's goodness and your help. Amen

"Dear Lord, use my eyes to **see** new friends.

Open my ears to **hear** my teacher.

Open my mind to **learn** new things.

Let my heart **remember** YOU are near when I'm afraid.

Help me to **love** others like you do.

I want to **shine** your light so bright in my school."

19 Amen.



As I go to back to school
Be with me Lord.

Be **patience** when
I'm frustrated.

Be **endurance** when
I'm tired.

Be **wisdom** when
I'm not sure.

Be **inspiration** when
I'm out of ideas.

Be **the peacemaker** when
I feel hurt.

Be **the comforter** when
I feel under pressure.

Be **the energy** when
I'm tired.

Be **the guide** when
I am confused.

Be **the forgiver** when
I get it wrong.

Be with me Lord, Amen

Prayers in Church

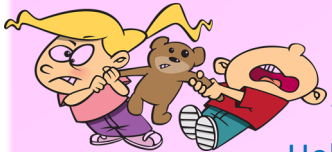


Father in heaven,

We thank you for the amazing, beautiful world you created. Help us to care for it. We thank you for the wonderful, unique people you have made us to be. Help us to care for one another. We thank you for the incredible, tasty foods you have invented. Help us remember and care for those who are hungry. We thank you for the inspiring stories and teaching in the bible. Help us to share this good news with people everywhere.

Amen

St. Michael the Archangel, defend us in battle; be our defense against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do you, O prince of the heavenly host, by the power of God, thrust into hell Satan and the other evil spirits who prowl about the world for the ruin of souls. Amen



O my God, I thank you for loving me.
I am sorry for all my sins,
for not loving others and not loving you.
Help me to live like Jesus and not sin again.
Amen

O my God, help me to remember the times when
I didn't live as Jesus asked me to. Help me to be
sorry and to try again. Amen



O my God, thank you for forgiving me.
Help me to love others.
Help to live as Jesus asked me to. Amen

Lord Jesus, come to me. Lord Jesus, give me your love. Lord Jesus, come to me and give me yourself.

Lord Jesus, friend of children, come to me.

Lord Jesus, you are my Lord and my God.

Praise to you, Lord Jesus Christ. Amen



Lord Jesus, I love and adore you.

You're a special friend to me.

Welcome, Lord Jesus, O welcome.

Thank you for coming to me.

Thank you, Lord Jesus, O thank you

For giving yourself to me.

Make me strong to show your love

Wherever I may be.

Be near me, Lord Jesus, I ask you to stay

Close by me forever and love me, I pray.

Bless all of us children in your loving care

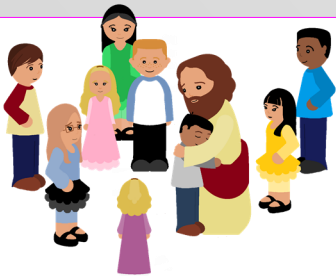
And bring us to heaven to live with you there.

I'm ready now, Lord Jesus.

To show how much I care.

I'm ready now to give your love

At home and everywhere. Amen



Father, Son and Holy Spirit,

I adore you, I love you,

I thank you, for the wonder of

my being and the miracle of

your presence in me. Amen

Lord Jesus Christ, Son of the Living God,

have mercy on me, a sinner. Amen

Please God I Pray for my family.
Please God help poor people.
Please God help the sick.
Please God help homeless people.
Please God help anyone in need. Amen



For my family and my friends,
gifts of grace that heaven lends
Living water, daily bread.
Countless blessings that you send.
Thank you, Jesus, for them all.
For the great ones and the small.
When I'm happy, when I'm sad.
On the good days and the bad.
I am grateful, I am glad. Amen

I believe in God, the Father Almighty, Maker of heaven and earth. And in Jesus Christ, His only begotten Son, our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day he rose from the dead; He ascended into heaven, and sits at the right hand of

Jesus
loves me
THIS I know
for the BIBLE
tells ME SO

God the Father Almighty; from there he shall come again to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. AMEN

AND
FINALLY...

God Hears all Our Prayers

Prayer is our conversation with our loving God. We can talk to God about everything! We finish by eavesdropping on some children's conversations with God.

"Dear God, thank You for my baby brother but what I prayed for was a puppy."

"Dear God, it must be super hard to love all the people in the world, especially my brother. I don't know how You do it."

"Dear God, I love Christmas and Easter. Could you please put another holiday in the middle, there's nothing good in there now."



"Dear God, I didn't think orange went with purple until I saw the sunset you made on Tuesday night. It was really cool."

"Dear God, please take care of my daddy, mummy, sister, brother, my dog, my fish and me. Oh and please take care of yourself, God. If anything happens to you, we'll be in a big mess."



"Dear God, did you mean for giraffes to look like that or was it an accident?"

"Dear God, maybe Cain and Abel would not kill each other so much if they each had their own rooms. It worked out OK for me and my brother."



"Dear God, is Fr Damian a friend of yours, or do you just know him through your work?"

"Dear God, in Bible times, did they really talk that fancy?"

"Dear God, I say your prayer every night, 'lead us not into temptation and deliver us from evil' but I never get an e-mail from you. Do you have my right address?"

"Dear God, when do you take your holidays? And who do I pray to when you go on away?"

"Dear God, when my mom makes leftovers, do I have to pray for the food again?"

"Dear God, if you watch closely in Church on Sunday I will show you my new shoes."



God in heaven
hear my
prayer,
keep me in your
loving care.

Be my guide in
all I do.

Bless all
those who love
me too.

Amen

Some of My Own
Prayers...



Through prayer
we can make a
DIFFERENCE
in the world

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